

## Career Transition Program 2 Month

This program is designed for employees who need support to get job search ready and fine tune the active phase of their job search. To maximize the effectiveness, the support is based on one on one sessions with a dedicated consultant.

Overall the Programs Include:

- Individual coaching sessions for a 2 month period to ensure support for an effective and active job search.
- Provision of the LMC Job Search Manual which includes sample resumes and pointers on how to best deal with the realities of today's job market.
- Web-based career testing and self-assessment to expand and explore career options.
- Preparation of market and deliverables focused resume(s) and assistance with developing emails for job postings, recruiters and follow up.
- Assistance in developing and launching a job search action plan.
- Interview practice in person and on videotape that is carefully reviewed with the employee.
- Assistance in developing a strong LinkedIn profile and strategies on how to update and maintain market visibility.
- Evaluation of job offers and assistance in developing, negotiating, permanent or contract agreements with prospective employers.
- Administrative support, and hands on assistance with technology and social media if required.
- Provision of updated search firm list categorized by functional specialty.